## Learn From:



Two-time PBA titlist and 2002-2003 Rookie of the Year Brad Angelo is widely recognized as one of the most consistent and versatile players on the PBA Tour. Since 2004, he has been teaching bowling camps around the world. Combining the concepts and exercises designed by Rick Benoit for BowlU with the experience of a veteran pro bowler, Brad offers a truly comprehensive approach to understanding the five elements of bowling-the pins, the lane, the ball, the bowler, and the athletic aura-to unleash each bowler's unique qualities and creativity. Brad has designed his camp to help bowlers of all levels achieve dramatic improvement, whether in leagues or competition, on a house shot or a sport shot. His focus on ball motion, lane play, stable ball roll, and the real dimensions of the lane will change the way you look at bowling forever.



- Proper Ball Motion
- Proper Pin Action
- The Invisible Course
- The Mental Game
- Lane Play Strategies
- Identify Lane Transition



2008 & 2012 PBA Viper Champion 2015 Kuwait Open Champion

## **Each Day Includes:**

2 ½ Hr.	Outdoor Skill Development (Weather Permitting)
1 Hr.	Lunch & Hot Topics
3 Hr.	Indoor Discussion & On Lane Workshop
½ <b>Hr</b> .	Wrap Up & Giveaways

## About Bowl U :

My friend and coach Rick Benoit, who is widely regarded as one of the top bowling coaches in the world, is leading a movement called BowlU. He has created an environment where learning becomes fun! Much of what I teach is based on what Rick taught me. I look forward to sharing that fun with you!!! He wrote a few words for me to pass along to you...

"In conjunction with Bowlers...Pro shops... Coaches...Proprietors & Industry Leaders from around the world, BowlU is proud to invite all who share a common goal for the "Growth of our Sport and the Development of Its Athletes" to share knowledge and experiences with those who understand the value of <u>working together"</u>

This is your opportunity to participate in BowlU programs designed to provide definition, structure and order.

Training camps, On Line Courses & Certification Programs are a start of a global effort to provide a staircase of learning.

Another step in providing the tools needed to speed the learning curve.

It's Right...It's Fun...It's Rewarding... It's ...

